

Western NY: NIAGARA, ERIE, CHAUTAUQUA, CATTARAUGUS		
MONDAY 6:45 - 8:00 pm <b>O</b>	PEASE OF MIND Lord of Life Lutheran Church	1025 Borden Road DEPEW (Erie County)
MONDAY 6:00 - 7:30pm	CLARITY WAY St. Mary's School	6919 Transit Road E. AMHERST (SWORMVILLE) (Erie County)
MONDAY 6:30 pm	JUST FOR TODAY St. Andrew's Church Loyola Room	1525 Sheridan Drive KENMORE (TONAWANDA) (Erie County)
TUESDAY 7:00 - 8:30 pm	THE TWELVE STEPPERS (716) 868-2182	76 Willow Drive TONAWANDA (Erie County)
MONDAY 6:30 <b>B</b> 7:00 - 8:30 pm	ONE DAY AT A TIME FAMILY GROUP St. Simon Episcopal Church Mary Stevens Room	200 Cazenovia Street BUFFALO (Erie County)
WEDNESDAY 7:00 pm <b>O</b>	HOPE BEGINS HERE St. John's Grace Episcopal Church	51 Colonial Circle (corner of Lafayette & Bidwell Pkwy) BUFFALO (Erie County)
THURSDAY 6:30 pm <b>O</b>	A CLOSER LOOK Central Park United Methodist Church	216 Beard Avenue (corner of Wesley) BUFFALO (Erie County)
TUESDAY 7:00 pm	HOPE FOR Life Immanuel Lutheran Church	556 E. Second Street JAMESTOWN (Chautauqua County)
SATURDAY 11:15 am	NEVER ALONE Christ Episcopal Church	7145 Fieldcrest Drive LOCKPORT (Niagara County)

Finger Lakes: GENESEE, MONROE, YATES, ONTARIO		
MONDAY 6:30 - 7:45 pm	PEACE SEEKERS Northgate Free Methodist Church South	350 Bank Street Community Room - LL BATAVIA (Genesee County)
TUESDAY 6:30 pm	IF NOTHING CHANGES... NOTHING CHANGES AND CHANGE IS POSSIBLE St. Helen's School - 2 <sup>nd</sup> Floor	310 Hinchey Road ROCHESTER (Monroe County)
TUESDAY 6:30 - 7:30 pm	WHEN IN DOUBT, DO NOTHING Northridge Church (use E. Ridge Road entrance)	2052 St. Paul Street ROCHESTER (Monroe County)
THURSDAY 7:00 pm	YOU'RE NOT ALONE St. Anne Church	1600 Mt. Hope Avenue ROCHESTER (Monroe County)
SATURDAY 8:30 am	KEEP COMING BACK Parkridge Chemical Dependency Center	1555 Long Pond Road ROCHESTER (Monroe County)
WEDNESDAY 5:30 pm	RAY'S OF HOPE UMC of Webster	169 East Main Street WEBSTER (Monroe County)
WEDNESDAY 6:00- 7:30 pm	YOU ARE NOT ALONE - TOGETHER WE CAN Brockport Methodist Church	92 Main Street BROCKPORT (Monroe County)
THURSDAY 7:00 pm	FINGER LAKES NAR-ANON Penn Yan United Methodist Church	166 Main Street PENN YAN (Yates County)
MONDAY 7:00 - 8:00 pm	YOU'RE WORTH IT United Presbyterian Church	11 East Gibson CANANDAIGUA (Ontario County)

Southern Tier: ALLEGANY, OTSEGO, BROOME		
1 <sup>st</sup> TUESDAY only 6:00 - 7:15 p.m.	ALLEGANY COUNTY NAR-ANON CHAPTER - ACNC Dave Howe Public Library	155 North Main Street WELLSVILLE (Allegany County)
THURSDAY 7:00 - 8:00 pm	NAR ANON FAMILY GROUP Unitarian Universalist Church	12 Ford Avenue ONEONTA (Otsego County)
SATURDAY 1:00 - 2:00 pm	HEALING STARTS HERE Voices Recovery Center	340 Prospect Street BINGHAMTON (Broome County)

Central NY: CORTLAND, CAYUGA, ONONDAGA, OSWEGO, MADISON, ONEIDA		
FRIDAY 7:00 pm	SOUL SEARCHERS Robinson Memorial Church	126 S. Terry Road SYRACUSE (Onondaga County)
WEDNESDAY 7:00 - 8:00 pm	HOPEFUL HEARTS Holy Cross Church	4112 E. Genesee Street DEWITT (Onondaga County)
SATURDAY 5:00 - 6:30 pm	THE EQUALITY GROUP Faxon Hospital The Weaver Room, 1 <sup>st</sup> Fl	1676 Sunset Ave UTICA (Oneida County)
FRIDAY 7:00 pm	HOPE FOR BREAKING THE SILENCE United Methodist Church	116 West Grove Street ONEIDA (Madison County)
TUESDAY 6:00 - 7:15 pm	NO LONGER ALONE Lakes Church	138 E. Genesee Street AUBURN (Cayuga County)

North Country: LEWIS, ESSEX, CLINTON, JEFFERSON		
SUNDAY 5:00 pm	OUR OWN RECOVERY Wesleyan Church	148 Country Road 23 HARRISVILLE (Lewis County)
MONDAY 6:00 pm	TICONDEROGA NEW BEGINNINGS The Drug Prevention Center	173 Lord Howe Street TICONDEROGA (Essex County)
MONDAY 7:00- 8:00 pm	YOU ARE NOT ALONE UVM (CVPH)	75 Beekman Street PLATTSBURG (Clinton County)
TUESDAY 5:00 pm	NNY NAR-ANON Anchor Recovery Center	241 State Street WATERTOWN (Jefferson County)

Capital District: ALBANY, COLUMBIA, SARATOGA, GREENE		
TUESDAY 7:00 - 8:00 pm	NEVER ALONE Capital Church	31 Vly Road COLONIE (Albany County)
WEDNESDAY 7:00 pm	STEPS TO SERENITY Delmar Reformed Church	386 Delaware Avenue DELMAR (Albany County)
MONDAY 7:00 pm	NEW HOPE First Presbyterian Church	22 West High Street BALLSTON SPA (Saratoga County)
TUESDAY 7:00 pm	HEALING SPRINGS FAMILY GROUP Healing Springs Recovery Community & Outreach Center	125 High Rock Avenue SARATOGA STRINGS (Saratoga County)
WEDNESDAY 7:00 pm	STEPS TO HOPE Pine Knolls Alliance Church (in the Potter House on Gansevoort Road)	614 Gansevoort Road SOUTH GLENS FALLS (Saratoga County)
THURSDAY 7:00 pm	JOURNEY OF HOPE Saint Luke's on the Hill	40 McBride Road MECHANICVILLE (Saratoga County)
WEDNESDAY 7:00 pm	STRENGTH AND RECOVERY TOGETHER Crellin Morris Memorial Building	17 Park Row CHATHAM (Columbia County)
TUESDAY 7:00 pm	SERENITY IN NUMBERS Twin County Recovery	428 West Main Street CATSKILL (Greene County)

**NEW YORK REGION**  
**NAR-ANON FAMILY GROUPS**  
**P.O. BOX 650634**  
**FRESH MEADOWS, NY 11365**



**MEETING LIST**

**APRIL 2018**

The Nar-Anon Family Group is primarily for you who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. We have traveled that unhappy road too, and have found the answer with serenity and peace of mind. When you come into the family group, you are no longer alone, but among true friends who understand your problem as few others could.

**Nar-Anon World Service Organization**

www.nar-anon.org  
 1 (800) 477-6291

**New York Region**

www.nynaranon.org

**Meeting Information HOTLINE**

1 (866) 378-3510

**Nar-Anon Nassau Area**

www.naranonnassauli.org

**Nar-Anon Suffolk Area**

www.naranonsuffolkli.org

**Key to abbreviations:**

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|--------------------|--------------------------------|
| <b>B</b> Beginners | <b>S / Tr</b> Step / Tradition |
| <b>O</b> Open      | <b>Sp</b> Speaker              |
| <b>C</b> Closed    | <b>P</b> Pitch                 |
| <b>T</b> Topic     | <b>Q</b> Qualification         |

**OPEN/CLOSED MEETINGS**

Open and Beginners meetings are especially for newcomers to Nar-Anon, anyone whose personal life has been affected by close contact with an addict, or anyone wanting to learn how the disease of addiction affects the family. Other meetings are for Nar-Anon members only and are considered closed. *Note: You need only be affected by close contact with an addict to be considered a member.*

Nar-Anon members to call between meetings

**NAME**

**PHONE NUMBER**

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**KEEP COMING BACK!**

**PLEASE NOTE**

All information was verified at time of printing unless noted with an asterisk (\*). Please call the Hotline or check our website to get information about meeting changes.

<b>Hudson Valley: SULLIVAN, ULSTER, DUTCHESS, ORANGE, ROCKLAND</b>		
MONDAY 7:00 - 8:30 pm <b>O</b>	NEW BEGINNINGS St. John's Episcopal	55 Wilber Boulevard POUGHKEEPSIE (Dutchess County)
THURSDAY 7:15 pm <b>O</b>	POUGHKEEPSIE NAR-ANON FAMILY GRP St. John's Episcopal	55 Wilber Boulevard POUGHKEEPSIE (Dutchess County)
TUESDAY 7:30 pm	HIGHWAY TO HOPE St. Paul's Episcopal Church	101 Main Street CHESTER (Orange County)
WEDNESDAY 7:30	SEEKING SERENITY First Reformed Church	70 Scofield Street (Entrance on Church Street) WALDEN (Orange County)
WEDNESDAY 8:00 pm	COURAGE TO CHANGE Nanuet Pavilion RCADD Suite 101	25 Smith Street NANUET Enter in back of Bldg. (Rockland County)
THURSDAY 8:00 pm	WE RECOVER TOO King of Kings Church	543 Union Avenue WINDSOR (Orange County)

<b>WESTCHESTER AND PUTNAM COUNTIES</b>		
TUESDAY 8:00 – 9:30 pm <b>O</b>	JUST FOR TODAY Saint John's Episcopal Church (Mtg across Street at the Butler Nursery School – Red Door)	100 Underhill St (Parking lot next to Church) YONKERS (Westchester)
WEDNESDAY 7:00 – 8:30 pm	NEW BEGINNINGS Trinity Lutheran Church	2103 Route 6 BREWSTER (Putnam)
SATURDAY 7:00 – 8:00 pm <b>B</b> 8:00 – 9:00 pm <b>C</b>	SATURDAY NIGHT SURVIVORS St Eugene Rectory	32 Massitoe Rd (Corner of Seneca Road) YONKERS (Westchester)

<b>BRONX</b>		
WEDNESDAY 6:30 - 7:10 pm <b>B</b> 7:20 - 8:30 pm <b>O</b>	NEW LIGHT St. Benedicts Church (Convent)	1082 Edison Ave (near Bruckner Blvd) THROGS NECK

<b>MANHATTAN</b>		
TUESDAY 6:15 - 7:45 pm 1st Tues <b>S</b>	NEW BEGINNINGS St. Malachy's Church	239 West 49th St (between Broadway & 8th Ave)

<b>BROOKLYN</b>		
THURSDAY 6:00 - 7:00 pm <b>O</b> Meets 2 <sup>nd</sup> & 4 <sup>th</sup> Thursday	MY SERENITY PLACE Greenpoint Outreach Services	960 Manhattan Ave 2 <sup>nd</sup> Floor GREENPOINT

<b>STATEN ISLAND</b>		
TUESDAY 7:30 – 9:00 pm <b>O</b>	TRAVEL TO PEACE St. Christopher's Meeting Hall	136 Midland Ave (Corner of Edison) GRANT CITY
WEDNESDAY 7:00 - 8:30 pm <b>O</b> 6:30 pm on 3 <sup>rd</sup> Wed in the conference room on main floor	NEW HOPE University Hospital South (Main Lobby Boardroom)	375 Seguine Ave (Off Hylan Blvd)
SATURDAY 10:00 – 11:30 am <b>O</b>	SATURDAY SERENITY Holy Family Church	366 Watchogue Rd (Church basement- entrance between rectory and church)

<b>QUEENS COUNTY</b>		
MONDAY 7:30 pm <b>O</b> 1 <sup>st</sup> Mon <b>S/Tr</b>	SAFE HARBOR Bishop Molloy Retreat House (Terrace Room, lower level)	86-45 Edgerton Blvd JAMAICA ESTATES (Call 516-313-5835 if doors are locked)
WEDNESDAY 7:30 - 9:00 pm <b>O</b> 1st Wed <b>S/Tr</b> 2nd & 4th Wed <b>B</b> 3rd & 5th Wed <b>T</b>	FOREST HILLS FREEDOM GROUP Church in the Garden (Basement lounge)	50 Ascan Ave FOREST HILLS (Private streets – request parking pass when entering bldg.)
THURSDAY 7:30 – 9:00 pm <b>B/O</b> 1 <sup>st</sup> Thurs <b>S/B</b>	NEVER ALONE Veterans of Foreign War	19-12 149th St (Off 20th Ave) WHITESTONE

<b>NASSAU COUNTY</b>		
MONDAY 7:00 pm <b>B</b> 7:30 pm	The SERENITY GROUP Hewlett-East Rockaway Jewish Center	295 East Main St EAST ROCKAWAY
MONDAY 7:30 - 8:45 pm <b>S/Tr</b> All are welcome	STEP INTO SERENITY Haypath Community Park	240 Haypath Rd OLD BETHPAGE
TUESDAY 7:00 pm <b>B</b> 7:30 – 8:45 pm (July / August group meets WEDNESDAY)	Magic CHAIRS in MANHASSET  Unitarian Universalist Congregation at Shelter Rock Road	48 Shelter Rock Rd MANHASSET (Follow signs to Chapel)
THURSDAY 7:30 pm <b>B</b> 8:00 pm	HOPEFUL IN HICKSVILLE  Parkway Community Church – 3 <sup>rd</sup> Floor	95 Stewart Ave HICKSVILLE
<b>NARATEEN MEETING</b> THURSDAY 8:00 pm  Held same time as meeting above	HOPEFUL IN HICKSVILLE NARATEEN  Parkway Community Church – 3 <sup>rd</sup> Floor	95 Stewart Ave HICKSVILLE
SATURDAY 9:30 – 10:00 am <b>B</b> 10:00 – 11:30 am	SATURDAY MORNING COURAGE TO CHANGE St Frances de Chantal Church Church (Located in the school – Rm 15)	1309 Wantagh Ave WANTAGH

<b>SUFFOLK COUNTY</b>		
MONDAY 7:30-9:00 pm 1st & 3rd Mon <b>B</b> 2nd Mon <b>T</b> 4th Mon <b>S</b> 5 <sup>th</sup> Mon <b>Sp</b>	NEW HOPE First Presbyterian Church	497 Pulaski Rd (Corner of Broadway & Pulaski) GREENLAWN
MONDAY 7:30 – 9:00 pm	MIRACLES ON MONDAYS Bellport United Methodist Church	185 South Country Rd BELLPORT
TUESDAY 7:15 pm <b>B</b> 8:00 pm 1 <sup>st</sup> Tues <b>S</b> 2 <sup>nd</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup> Tues <b>T</b> 4 <sup>th</sup> Tues <b>Sp/O</b>  Beginners are welcome at all meetings	NAR-ANON FAMILY GROUP  South Oaks Hospital (Carone Hall Level C (basement) - Room 002 (Carone Hall is to the left of the Admin Building, across from Emergency entrance)	400 Sunrise Hwy (South of Sunrise Hwy/ West of Rt 110) AMITYVILLE
<b>NARATEEN MEETING</b> TUESDAY 8:00 pm  <b>Currently on hold.</b> Contact Arlene 516-582-7093	NAR-ANON FAMILY GROUP  South Oaks Hospital	400 Sunrise Hwy (South of Sunrise Hwy/ West of Rt 110) AMITYVILLE
TUESDAY 7:00 – 7:20 <b>B*</b> 7:30 – 9:00 pm 1 <sup>st</sup> & 3 <sup>rd</sup> Tues <b>T</b> 2 <sup>nd</sup> Tues <b>S</b> 4 <sup>th</sup> Tues <b>Sp</b>	SUFFOLK CONNECTION First Presbyterian Church	175 East Main St 2 <sup>nd</sup> Floor (Corner of Route 111) SMITHTOWN
TUESDAY 7:30 pm	LONG ISLAND CENTER FOR RECOVERY (LICR)	320 West Montauk Hwy HAMPTON BAYS
WEDNESDAY 7:00 – 8:00 pm	STRENGTH, HOPE AND COURAGE Thrive Recovery Community	1325 Motor Parkway HAUPPAUGE
WEDNESDAY 7:30 – 9:00 pm 1 <sup>st</sup> Wed <b>S</b> 2 <sup>nd</sup> Wed <b>B</b> 3 <sup>rd</sup> & 4 <sup>th</sup> Wed <b>T</b> Beginners are welcome at all meetings	HOPE & HEALING Community Presbyterian Church (Downstairs in rear)	1843 Deer Park Ave & Lake Ave DEER PARK
WEDNESDAY 7:15 pm <b>B</b> 7:30 pm	SERENITY IN SETAUKET Setauket Presbyterian Church	5 Caroline Ave SETAUKET
THURSDAY 6:45 <b>B</b> 7:15 – 9:00 pm <b>O</b> 3rd Thurs <b>S</b> Newcomers always welcome	REAL PEOPLE TOO Congregational United Church of Christ	131 Middle Rd SAVVILLE

**KEEP COMING BACK!**